

The Work-From-Home Woman Wellbeing Report

Original survey conducted by Healthgist.com- honest health talk for the busy woman

The Premise

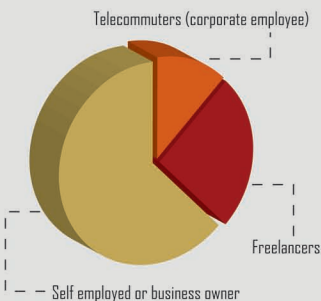
Many more women are exploring alternative work arrangements like working from home as they raise their kids.

Respondents

We heard back from 256 women working from home who were all very candid about their work-from-home experience.

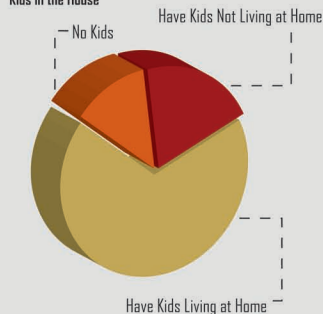
Who Are These Women?

Job Title

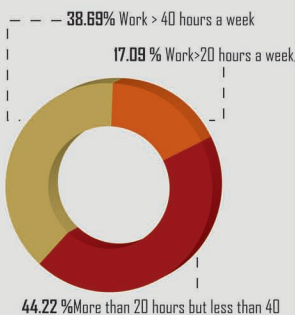


They Answer to the Title "Mom"

Kids in the House

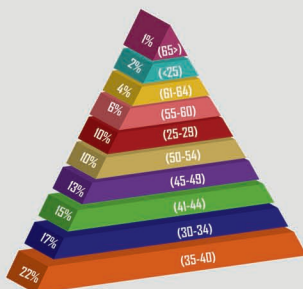


They Are Not Slackers



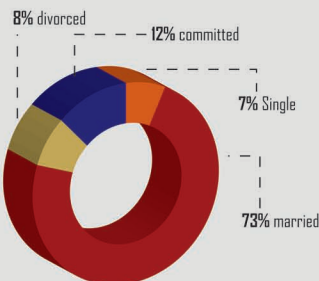
Don't Ask a Woman Her Age

Age



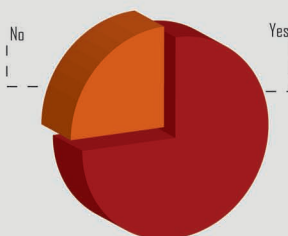
Most Are Hitched

Marital Status

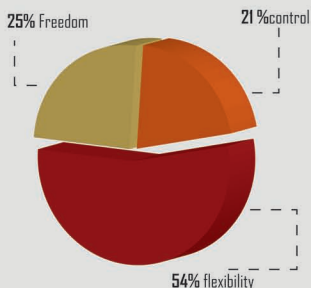


Most Have a Dedicated Work Space

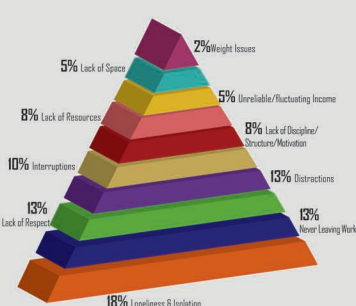
Dedicated Work Area



Benefits of Working From Home



Frustrations of Working From Home



Do You Work From Home ?

See how you are faring by getting your Work-From-Home Wellbeing Index at Healthgist.com/wellbeing